

## Liquids to Pureed Foods

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As for weeks two and three, the all-liquid diet that was necessary in the days after After Lap Band surgery will be followed by only pureed foods.

During this period of Lap Band Dieting, individuals should expect to consume only pureed foods for approximately two weeks after the all-liquid phase of the post-lap band surgery diet. A patient's lap band doctor and/or nutritionist will closely check their food intake during this time to assist the patient with the process.