

Lap Band Requirements

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When a person is considering Lap Band surgery and to see if they are Lap Band Eligible, they will be asked for a comprehensive medical background to see if they meet the necessary requirements.

Some of the needed qualifications to be Lap Band Eligible include

- * An individual is at least 18 years old;

- * An individual's BMI (body mass index) is 40 or higher or they weigh at least twice their ideal weight or they weigh at least 100 pounds more than their ideal weight. (BMI is calculated by dividing body weight (lbs.) by height in inches squared (in²) and multiplying that amount by 704.5).

- Some Lap Band procedure will be done with lower BMI's, but that factor will be discussed between the individual and the Lap Band Doctor at the time of consultation;

- * An individual has been overweight for a time greater than 5 years;

- * The potential patient has made serious attempts to lose weight, but has had only short-term success;

- * An individual does not have any other disease that may have resulted in their obesity;

- * The potential patient is ready to make substantial changes in their eating habits and lifestyle.

- * An individual does not drink alcohol in excess

While being Lap Band Eligible is not limited to the above-mentioned criteria, a lap band specialist can sit down with an individual and see if they meet the necessary requirements.

If a person is Lap Band Eligible, than they are likely on their weight to eventually meeting their weight loss goals. While lap band surgery itself will not correct the problem of being overweight, it is a key component in the overall weight loss program that can change one's life for the better.