

Lap Band Post Surgery

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With Lap Band Weight Loss, the patient is usually sent home the same day of the surgery to start the recovery process. In most cases, a patient will only need to recover for a few days before getting back to their normal routine.

As part of the Lap Band Weight Loss process, a special diet will be required. Once the special diet is complete, patients will discover that they can eat a number of the foods they did prior to the lap band surgery. The biggest difference this time around will be that an individual's desire to consume food will be less than before. The lap band device keeps patients from eating too much food, as they gain a sense of being full sooner rather than later.